



Hot Tub Hire

£25 per couple sole use (60 mins)
For groups up to a maximum of 4 people **£40** (60mins)

Mind & Body

Full Body Massage £45 (60 mins)
Back, Neck & Shoulders £30 (30 mins)
Classic Swedish massage to ease aches, tension & muscle pain

Aromatherapy Massage £55 (60 mins)
Combining gentle massage with carefully selected luxuriously warmed essential oils
To suit mood and individual needs – relax, invigorate, uplift, restore.

Reflexology £45 (60 mins)
A therapeutic, relaxing massage applying gentle stimulation to specific reflex points
on the feet to detect blockages & deposits along energy lines that correspond to
imbalances felt within the body

Hot stone therapy £70 (60 mins)
Where warm basalt stones are applied to the skin on key energy points to allow the
slow release of therapeutic heat deep into the muscles whilst essential oils are
massaged into the skin

Ear Candling £25 (30 mins)
A thermoauricular treatment which helps to ease tinnitus and blocked ears

Full body tan £25 (30 mins) **Half body £15** (15mins)
A natural spray tan, quick drying and moisturising

**To book a treatment or hire the hot tub
please contact reception or Esther on 07825 958822**



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O·P·I
GelColor
by OPI

Hands & Feet

Luxury Spa Pamper Pedicure **£35** (60 mins)

A softening soak in the foot spa, followed by exfoliation, moisturiser & massage.
Cuticle work, nails filed & shaped (for UV OPI gel polish to finish **add £10**)

Rejuvenating Manicure **£35** (60 mins)

Nail soak, exfoliate, moisturise & massage
Cuticle work, nails filed & shaped, OPI UV nail polish routine to finish

Luxury Paraffin Wax Manicure/Pedicure **£35** (60 mins)

Treatment to moisturise & soften skin, provides a therapeutic heat to sore aching joints, great for arthritic/rheumatic pain. Nails filed & shaped (for UV OPI Gel Polish to finish **add £10**)

Callus Foot Peel **£20** (30 mins)

Feet are wrapped in a deep nourishing treatment to remove hard, dry & cracked skin
Feet are then exfoliated & moisturised a final time

File & Polish & Go **£17** (20 mins)

'Does what it says on the tin'

Face

Facial **£40** (60 mins)

7 step routine, steam & cleanse followed by rejuvenating polish, tone, moisturising mask, tone & décolleté massage to finish

Lash enhancements **£45** (60 mins)

Enhance your natural lashes to provide thickness and length. Applied to each individual lash giving a completely natural look. The process is pain free and relaxing!

Lash tint **£15** Brow Tint **£10** Brow wax & shape **£10** Lip/Chin Wax **£10**

Please allow an extra 15 mins for all first time appointments for a pre-treatment consultation.
Gift Vouchers available - Bespoke packages can be created for birthdays, hen parties & special occasions.

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