



## Hot Tub Hire

**£25** per couple sole use (60 mins)  
For groups up to a maximum of 5 people **£40** (60mins)

## Mind & Body

Full Body Massage **£50** (60 mins)  
Back, Neck, face & Shoulders **£35** (30 mins)  
Classic Swedish massage to ease aches, tension & muscle pain

### Reflexology **£40** (45 mins)

A therapeutic, relaxing massage applying gentle stimulation to specific reflex points on the feet to detect blockages & deposits along energy lines that correspond to imbalances felt within the body

### Hot stone therapy **£70** (60 mins)

Where warm basalt stones are applied to the skin on key energy points to allow the slow release of therapeutic heat deep into the muscles whilst essential oils are massaged into the skin

To add aromatherapy Essential Oils to any treatment **£5** (60 mins)

Full body tan **£25** (30 mins) Half body **£15** (15mins)

A natural spray tan, quick drying and moisturising



**To book a treatment or hire the hot tub  
please contact reception or Esther on 07825 958822**



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## Face

Using the award winning Sienna X Skincare range; vegan friendly, organic, cruelty free, dermatologically tested and clinically proven.

### *Sienna X Express Facial* **£35** (30 mins)

Rejuvenate tired and dull looking skin with a quick cleanse, tone & moisturise regime

### *Sienna X Luxury Full Facial* **£50** (60 mins)

Choose from deep cleansing, brightening or moisturising regimes  
- all with added steam & décolletage massage

### Lash enhancements **£50** (2½ hours)

Enhance your natural lashes to provide thickness and length. Applied to each individual lash giving a completely natural look. The process is pain free and relaxing!

Lash tint **£14**    Brow Tint **£10**    Brow shape **£12**    Brow shape & tint **£19**

Lash & Brow tint **£20**    Lash, Brow tint & shape **£28**

### Lash lift from *Eyeluvlashes* **£40** (add a tint for £8)

For those natural looking perfectly curled lashes giving an enhanced lift to your own lashes.

## Waxing

Using the Sienna X Peppermint Creme & Honey Gold Natural Warm & Hot Wax ranges.

Lip or Chin Wax **£8**    Lip and Chin Wax **£14**    ½ Lower Leg Wax **£20**

Full Leg Wax **£30**    Underarms **£14**

Please allow an extra 15 mins for all first time appointments for a pre-treatment consultation.  
Gift Vouchers available - Bespoke packages can be created for birthdays, hen parties & special occasions.

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O·P·I  
GelColor  
by OPI

## Hands & Feet

Using OPI Polish & UV Gel range

### Luxury Spa Pamper Pedicure **£35** (60 mins)

A softening soak in the foot spa, followed by exfoliation, moisturiser & massage.  
Cuticle work, nails filed & shaped (**add £5** for a colour nail polish to finish)

### Rejuvenating Manicure **£35** (60 mins)

Nail soak, exfoliate, moisturise & massage  
Cuticle work, nails filed & shaped, OPI nail polish routine.  
(**add £5** for a colour nail polish to finish)

### Full set of OPI GEL Finger Nails or Toe Nails **£25** each (or if both at same time **£45**)

\*Please note you cannot use the hot tub before or after Gel polish applications and this includes the foot spa or any pre-soak foot treatments - please wear open toed shoes after toe nail polish application

### Callus Foot Peel **£25** (30 mins)

Feet are soaked & cleansed, then wrapped in a Vitamin C enriched deep nourishing treatment to remove hard, dry & cracked skin.  
The skin is then exfoliated & moisturised to finish.

### File, Polish & Go **£15** (Fingers or Toe Nails)

### File, Polish & Go **£28** (Fingers and Toe Nails)

Please allow an extra 15 mins for all first time appointments for a pre-treatment consultation.  
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